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Goodbye, Dr. Rustum Roy - a friend of Qigong and TCM

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Dr. Rustum Roy (courtesy of www.rustumroy.com)

Last week, the international science community lost a giant. **Dr. Rustum Roy**, a prominent Indian-born American scientist passed away on August 26, 2010 at the age of 86. The global Qigong family has been also mourning the loss of a great friend and a spiritual leader.

Dr. Roy was born in 1924. In 1942 he received a BS in Physical Chemistry from Patna University and in 1944 his MS from the same university. He earned a Ph.D. in ceramics at Penn State in 1948, and became an American citizen in 1961. He had a long career at Penn State in geochemistry and materials science. He was a materials scientist who held visiting professorships in materials science at Arizona State University and in medicine at the University of Arizona. He founded the Materials Science Laboratory at Penn State and authored over 600 technical papers. Roy was the senior-most member of the National Academy of Engineering. Rustum Roy was among the top three active leading materials scientists in the U.S. Newsweek once called him "the leading contrarian" as a scientist. The U.S. House of Representatives' Committee on Science, Technology, and Research gave him its only standing ovation in 16 years after one of his testimonies. He was a foreign member of the Swedish, Japanese, and Indian National Academies. He was awarded by the Emperor of Japan for having invented a material that saved millions of dollars for Japan.

Rustum Roy has been also remembered as the most effective champion of interdisciplinarity and integrative learning. Dr. Roy was the principal architect for the international renowned the Materials

Research Society. He was the prime advocate in the Science, Technology, and Society (STS) movement, which, between 1970 and 1990, established itself on 100 university campuses and had a foothold in 2000 colleges and had successfully entered the K-12 system.

Dr. Roy's interests and talents were not limited to the scientific and educational spheres. He was actively involved in reforming religion for greater inclusivity, locally, nationally, and worldwide. He helped start what is one of the oldest ecumenical house churches in the country, and was on the board of the pioneering national ecumenical retreat center, Kirkridge for thirty years. He incorporated the insights of science and technology into the world's religions.

Dr. Roy also had vast interest in health related subjects. Dr. Effie Chow, the founder of the famous East West Healing Art Academy , recalled that when she was the Chairperson at **National Center for Complementary and Alternative Medicine (NCCAM)**, she got to know Dr. Roy who attended the meetings there. Their working relationship and friendship continued when she was on the Whitehouse Committee for Alternative Medicine during President Clint's administration. She recalled that Dr. Roy firmly believed in Qigong and did research on his own with Qigong masters.

When she founded the World Congress of Qigong and the Traditional Chinese Medicine (TCM), Dr. Roy offered advice as well as assistance year after year. In reality, he co-founded the World Congress with Dr. Chow.

Dr. Chow praised his commitment to Whole Person Healing included founding "Friends of Health", "Campaign for Better Health" partnering with notable visionaries such as Deepak Chopra, Larry Dossey, Bob Duggan, Jim Turner, et. al., to create better health and world for all people.

He founded *the Journal of the Science of Healing Outcomes* with Dr. B.M. Hegde. His philosophy was to use natural medicine including Qigong and TCM to save millions of lives- as we are researching, not waiting for modern western medicine's evidence-based research validates a system that has already been effective for millenniums. He heard and personally witnessed the miracle healings that took place with Chow Medical Qigong at East West Academy of Healing Arts (EWAHA). He enthusiastically said Dr. Chow "Yes, you can do the miracle healings, but can you train people to do what you do? That is the important factor!" which really showed how much he cared for people.

To honor his contribution to Qigong and TCM, Dr. Effie Chow announced that Dr. Rustum Roy will be the Honorary Chair for the World Congress of Qigong and TCM.

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