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Winners of 13th World Congress on Qigong & TCM Awards

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After the careful selection, World Congress on Qigong & [Traditional Chinese Medicine](#) (TCM) has announced the winners of this year's awards. Dr. Effie Chow, Founder of the World Congress said that the awards will be presented during the Congress's Gala this evening in San Francisco, California. The winners and their accomplishments are as the following:



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3 photos

Master Mingtong Gu, Winner of Qigong Master of the Year
The World Congress of Qigong & TCM



The World Congress of Qigong & TCM

Judo Master of the Year –

Keiko Fukuda Sensei, born in Japan on April 12, 1913, is the highest-ranked female **judo** practitioner in history. She holds the rank of 9th **dan** from both the **Kodokan** and the **United States Judo Federation**, and is the last surviving student of **Kanō Jigorō**, founder of Judo.

In 1966, she traveled to the USA to demonstrate her art at **Mills College**; the institution immediately offered her a teaching position. She taught there from 1967 to 1978. In 1990, Fukuda was awarded Japan's **Order of the Sacred Treasure**, 4th Class (Gold Rays with Rosette), and the United States Judo Incorporated (USJI) Henry Stone Lifetime Contribution to American Judo Award. In 2004, she published ***Ju-No-Kata: A Kodokan Judo textbook***, a pictorial guide for performing **Ju-no-kata**. Fukuda has served as a technical adviser for US Women's Judo and the USJI Kata Judges' Certification Subcommittee. She has also served as a National Kata Judge, and was a faculty member of the USJI National Teachers' Institute, a member of the USJF Promotion Committee, and a member of the USJF and USJI Women's Sub-committee. **At the age of 98, she continues to teach her art in San Francisco.**

Qigong Master of the Year –

Master Mingtong Gu is an internationally recognized Qigong Master who received his training from Grandmasters of China and Tibet and with Grandmaster Dr. Pang at the world's largest Qigong hospital in China. Mingtong Gu is the founder of ***The Chi Center and Wisdom Healing Foundation*** located in San Francisco.

Master Gu brings the profound teachings of Wisdom Healing Qigong to new audiences to better heal

themselves. Master Gu was born and raised in China and was the first from his village to attend college, receiving his MA from University of California at San Diego and MFA from Ohio State University. Master Gu leads workshops, events and retreats for individuals and wellness professionals and also partners with other Qigong and organizations internationally, including [Institute of Noetic Sciences](#), [California Institute of Integral Studies](#), [Esalen Institute](#) and [Spirit Rock Meditation Center](#). Master Gu is the author *Sound Healing Technologies* and *Wisdom Healing Qigong: Activate and Embody Wisdom and Energy for Health, Healing and Happiness*. He has modeled the Center's retreats on China's largest Qigong Hospital, welcoming people with emotional and physical challenges, including neurological diseases, cancer and stress, into a residential setting.

Martial Artists of the Year –

Sifus Phillip Wong and Zhang Hong Mei – [Pacific Wushu](#).

Phillip Wong is the Founder of Pacific Wushu and Stanford University Wushu Club. With over 25 year martial arts teaching experience, he has 13 national and international Grand Championships. He won the all-around silver medal at the 2nd International Wushu Games, second only to China. He was named by Inside Kung Fu Magazine as Competitor of the Year. In the computer world, you may recognize him **as Lei Wu Long** in [Tekken](#) I, II, and III; he performed the motion captured for this character. This is just one of over a half-dozen video games Master Wong has to his credit. He has also been featured on a variety of magazine covers in the USA, China, Italy and Japan. In the film world, he has starred in films in Asia and choreographed feature films in the USA.

Zhang Hong Mei, born in Beijing, China, she began studying Wushu at the age 9 and was selected from thousands of children to join the prestigious Beijing Wushu Team. Soon afterwards, she became one of the country's elite athletes. At China's National Games, she captured gold medals in Bagua, sparring routines, and Double Straight Sword. In recognition of her skills and dedication, she was selected to China's National Team to compete in the 1st International Games held in Xian, China where she captured a gold medal in the Women's Straight Sword competition. Over her long study of Wushu, she has mastered 20 different styles most notable Straight Sword, Double-Straight Sword, Yang Style [Tai Chi](#), Long Fist, and Staff, among others. Master Zhang has traveled the world as an ambassador, performing and teaching the art of Wushu and spreading Chinese culture. By invitation, she taught Wushu and Tai Chi in Yokohama and Tokyo, Japan. She has appeared on dozens of international magazine covers and has been featured numerous times on TV, film and video.

Qigong/Martial Arts Movie Star of the Year –

Cary-Hiroyuki Tagawa was born in Tokyo with his father in counter-intelligence and his mother an actress. He began ardent martial arts training in his teens. In conscious awareness of his warrior's spirit, at 36, Tagawa began acting and has since played 80 plus roles including his first real break: "[The Last](#)

Emperor", then "**Rising Sun**", "Mortal Kombat", "The Phantom", and "**Memoirs of a Geisha**" and appearing in many hit TV series. Most recently, Tagawa was selected for the role of **Heihachi Mishima** in **Tekken**, the film adaptation of the popular video game franchise. He was also featured as the voice of Brushogun in **Teen Titans: Trouble in Tokyo**. He has recently been involved off-screen in addressing student groups (at SFSU and Stanford). He has also been coaching the martial artist portraying **Shang Tsung** in the **Mortal Kombat** Live Tour, and in his free time, developing his new form of Martial Arts, called "Chuu Shin." Cary says, *"What most people don't know is that I was a healer long before I began acting. It is my first love."*

Scientist of the Year –

Dr. Shu-Ming Wang holds a B.S. from Tunghai University, Taichung, Taiwan, and earned her M. D. at the **University of Medicine and Dentistry of New Jersey**, Newark, NJ. She did her professional training at New York University as well as Yale University, and held a Fellowship in Acupuncture from the **American College of Acupuncture**, New York, NY. She has held academic appointments in at Mount Sinai School of Medicine, and Yale University School of Medicine, and is currently at the University of California –Irvine Medical Center. In 2000 she won the Osher Award for Best Presentation in Clinical Science at the International Scientific Conference for Complementary and Integrative Medical Research in Boston, Massachusetts.

Dr. Wang is a practicing pediatric anesthesiologist and licensed acupuncturist. Her research interests focus on the use of acupuncture and related interventions as treatment for various clinical problems during the perioperative period. Dr. Wang uses functional magnetic resonance imaging (fMRI) to study the mechanisms of action of the analgesic effects of acupuncture. She is also a R21 grant recipient from The National Center for Complementary and Alternative Medicine to study

TCMSchool of the Year -

Five Branches University - President Ron Zaidman and Joanna Zhao Zhen-Ping

Five Branches University offers programs on traditional Chinese medical theory and diagnosis, acupuncture, herbology and Western medicine. When founded by Ron Zaidman and Joanna Zhao on February 4, 1984, it had one classroom; the clinic had three treatment rooms and five teachers with 18 students. It now has two campuses, 12 classrooms with 33 treatment rooms and 100 teachers. They are up to 450 students and see 160 patients a day.

Ron Zaidman, MTCM, MBA, DAOM Fellow, is president of Five Branches University. Zaidman grew up in Europe and speaks several languages. He completed his Master of Traditional Chinese Medicine (MTCM) from Five Branches University where he is presently also a fellow in the Doctor of Acupuncture and Oriental Medicine. Zaidman earned his Master of Business Administration (MBA) at Stanford University. Zaidman was an international management consultant specializing in strategic planning prior

to dedicating himself to the TCM field. He also co-founded and is the president of Eastern Currents, a medical supplies importer and distributor. Zaidman sees himself as an entrepreneur. He is dedicated to the transmission of traditional Chinese medicine to the West.

Joanna Zhao Zhen-Ping, L.Ac., Dipl. Ac. (N.C.C.A.), M.T.C.M. (China), Dean of Five Branches Institute, has been Director of Five Branches' TCM Clinic since she founded it in 1985. Joanna graduated from **Shanghai University of Traditional Chinese Medicine** in the People's Republic of China, where she trained in both Western medicine and TCM. After graduation, she studied with noted medical doctors and acupuncturists Xiuyan Lu and Yuan Fang. Since then, she has spent more than a quarter century teaching and practicing TCM in China and the United States, working with a local oncologist and developing specialties in cancer, immune diseases, mental and emotional disorders, and infertility. She has led study tours to China since 1992, where Five Branches' graduates study in Shanghai's Shuguang Hospital and **Zhejiang TCM College**. Ms. Zhao is an accomplished musician, integrating Eastern and Western styles of music, as well as medicine. Like her teacher and great-grandfather, she is also an excellent Chinese calligrapher.

Qigong Hard Qi Performer/Healer of the Year -

Grandmaster Zhou Ting-Jue is a Qigong master who at age 7 began learning TCM and martial arts in China under his uncle, a Taoist priest of the Dragon Gate sect, at his temple on Wudang Mountain. Later, Master Zhou's reputation spread to all of China and he has been called a "Treasure of the Nation." Founder of **China US Wu Dang Qigong Association**, Grandmaster Zhou created his own school of Qigong. His unique skills and techniques have contributed to and broadened the scope of traditional Qigong. These abilities form the basis of the care he provides and the amazing effect it has in promoting health and healing disease. His mentors included many famous Chinese Qigong masters who passed on to him their personal knowledge about the mysterious power of Qigong. For almost half a century, Master Zhou has been diagnosing and treating disease with his amazing Qigong skills and techniques. Qigong treatment, which differs from Western medical therapy, is noninvasive and uses neither instruments, medications nor drugs. Qigong therapy combines Chinese massage pressure on the body, acupuncture points with the power of Qi, and the simple radiating of Qi – which is usually felt as heat – without actually touching the body

Naturopathic Physician of the Year -

Dr. Sharyn Wynters is an author and doctor of naturopath with more than thirty years experience. She is internationally recognized for the regenerative program she advocates based on a lifestyle that includes raw, whole-food nutrition and a toxin-free living environment. She is a popular motivational speaker and authored three books. Her latest book, ***SURVIVE!*** is a reflection of over 30 years of research into the dangers of the toxins in our living environment and how to avoid them.

Dr. Wynters began her professional life far removed from the world of health and wellness. At the age of seventeen, she became Miss Pennsylvania in the Miss World competition. Her career advanced when she became a top fashion model for [Oleg Cassini](#). Trying her skills as an actress, Sharyn's first major role was as Cat Girl on the original *Batman* TV series. She later appeared in a number of films such as *Odd Couple*, *Hook*, *Line & Sinker*, and *West World*. Unfortunately, in the prime of her career she was diagnosed with cancer. Refusing to accept the grim portrayal of her future, she sought the help of [Dr. William Donald Kelley](#). After her recovery, she became his student. Her healing journey not only left her cancer-free, but also gave her a new passion. Today, as a naturopathic doctor, motivational speaker, author, and advocate of an internationally recognized regenerative program based on whole food nutrition and toxin-free living, Dr. Wynters is in a unique position to help thousands on the road to optimal health.

Community Service of the Year -

Dr. Charlene Ossler RN, PhD is Vice President of [Zhi Dao Guan](#), The Taoist Center. She has a distinguished career in public health as a researcher and educator and is currently Vice President, Zenith Insurance, a workers compensation insurance carrier. A graduate of [the University of Maryland](#), Catholic University and [Johns Hopkins School of Public Health](#), Dr. Ossler co-founded the Taoist Center in Oakland with her husband, [Dr. Alex Feng](#). She has supported the World Congress on Qigong/TCM for many years and finds joy in the many ways the Path of Tao reveals.

Tai Chi/Media Excellence of the Year -

[Arthur Edward Rosenfeld](#) is a martial arts master and authority on Chinese wisdom for the Western world. He specializes in using Tai Chi movement and philosophy for personal growth and transformation. His writing and teaching has been covered in local and national media including *Newsweek*, *Ebony*, *New York Daily News*, *FloridaSun-Sentinel*, *Parade*, *Fox News Channel*, *Boca Raton Magazine*, and syndicated radio and television shows. His syndicated blog appears on [The Huffington Post](#), and is recurrently featured on *Google News*, *Reuters*, *The Wall Street Journal* and more. A critically acclaimed, best-selling author, he has sold scripts to Hollywood and has published nine novels, two non-fiction books, several screenplays, and numerous articles for national magazines. He founded [Pen & Sword Tai Chi](#) in 1997 and teaches Tai Chi nationally and in South Florida. He is the creator and host of a documentary series on Integrative Medicine and is the host of American Public Television's [Longevity Tai Chi With Arthur Rosenfeld](#) and other forthcoming programs.

Qigong Cancer Specialist of the Year - [Drs. Thomas and Janet Wu](#)

Dr. Tom Wu was born in China. He studied Western conventional medicine in France and received a M.D. in pathology from the [University of Bordeaux](#) and a MD in Alternative Medicine from [Open International University](#), Columbo, Sri Lanka. He returned to China to serve his countrymen and

learned Qìgong and oriental healing methods including a special modality to treat and heal diabetes. He came to the United States to study nutrition at [American Health Science University](#) and became a licensed certified nutritionist. He attended [Clayton College of Natural Health](#) and received his doctorate degree of Naturopathy and a Ph.D. in Nutrition from American Holistic College of Nutrition.

At age 30, Dr. Wu was diagnosed with advanced stages of lung cancer, and was told he had only a few months to live. The secrets of how he won the fight against lung cancer and maintains a healthy body are revealed in his first book ***Principle of Natural Cures***. Dr. Wu combines his knowledge of the ancient Chinese healing with his traditional western training in Naturopathy and alternative medicine together to create a pathway to good health through dietary and lifestyle changes. His worldwide wellness seminars have benefited thousands of people and practitioners. Dr. Wu has received numerous awards for his tireless efforts to help people achieve and maintain good health.

Dr. Janet Wu was born in a Taoist family. She was taught that the best way to help people is to "teach them to fish instead of giving them the fish". Because of this philosophy, she developed a unique holistic health care program called "Do It Yourself and Selfcare Healing Art".

She received her Ph.D. in Psychology from Stanford University and from Open International University. She studied Western natural healing art at Clayton College of Natural Health and received her doctorate degree in Naturopathy. She further studied nutrition at the American Holistic College of Nutrition and received her Ph.D. in Nutrition. She is one of the founders of [CBN Flying Hospital](#) and visiting professor for the Open International University, [De La Salle University of Medicine](#) at La Cavite, Philippines and [Hei Long Jiang Traditional Chinese Medicine University](#) in Shen Yang, China. She is commissioned to organize annually a team to include only selected doctors in alternative medicine, psychologists, chiropractors, acupuncturists, researchers and holistic healers to China to learn Wai Tan Kung which is sponsored by Chinese government to culturally exchange the scientific proven natural healing art.

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