

Watch the WTCQD celebrations around the world live and be inspired!

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On the home page of Taijifit.com, you can see a digital countdown clock to “24 Hours of World Peace Live Stream”. With over 100 cities and 60 countries signed up, you will be amazed to see how 2016 World [Tai Chi](#) & [Qigong](#) Day (WTCQD) is celebrated around the world live.



View all
10 photos

David-Dorian Ross
Taijifit



Bill Douglas

Tai Chi/Qigong is the ancient Chinese martial and healing art proven by modern science with amazing health benefits. It is spiritual but not religious. Founded by Bill Douglas of Kansas City in 1999, the [World Tai Chi & Qigong Day](#) has been highly celebrated around the world. Starting at 10 a.m. local time, this year more than 80 countries and thousands of cities big and small will celebrate the WTCQD by hosting various programs. It is like a culture, spiritual, and healing wave beginning in Fiji and moving westward to New Zealand/Australia, Asia, Middle East, East Europe, West Europe, Africa, North and South Americas, and ending in Hawaii. This year's theme is "One World, One Breath" and through practice, the whole world will unite together in a peaceful way.

Established by International Tai Chi Champion David-Dorian Ross, Taijifit's mission is to make Tai Chi (or Taiji) more fun and accessible to everyone so fitness can be graceful and holistic. David-Dorian Ross is a media expert and has won multiple awards for his ingenuity using various media forms for teaching and communication purposes. It has been David-Dorian's dream to see how the WTCQD is celebrated globally in a visual way live to feel the power of Tai Chi Chuan. He tried various online platforms before with some success. This year, Australia-born Margaret Reeves, a Taijifit certified instructor based in Madison, Wisconsin, volunteers to work on the live streaming project with the Taijifit organization. Margaret explained that they used a mobile app called "[zoom](#)" for live streaming. In the past month, she has successfully tested with over 100 locations in 60 countries and they are ready to roll.

As the producer of the live show, Margaret announced that the show would start at 2 p.m. Pacific Time on **Friday April 29th**. David-Dorian Ross will be the host. At 3 p.m. Pacific Time, New Zealand will be the first event appear on the YouTube channel. You can watch it via YouTube's "[24 Hours of World Peace Live Stream](#)". You can also access the live show via Taijifit [home page](#) as well as Facebook

Margaret is energetic. She emailed me a long list of the countries that is going to participate in the live streaming while waiting to pick up her son from school. The list contains countries from all six continents except Antarctica. Countries with different political systems, religious convictions, social agenda, and ethnic heritage. I just can't wait to see how each city celebrate 2016 WTCQD in its own way and all unify in spirit and harmony.

Margaret and Taijifit have worked extremely hard to reach out to the global Tai Chi community for this event. Tai Chi schools around the world appreciate their effort and have put the YouTube embedded code or URL on their websites. There are corporate sponsors doing the same. Currently, the list includes the following:

- [kungfumagazine.com](#),
- [martialartsmart.com](#),
- [kungfumagazine championship](#)
- Inner Sparks, LLC
- Kelsey Lorenz Video Productions
- The Great Courses
- zoom
- [trainer.ly](#)
- World Tai Chi & Qigong Day
- [enjoychi/Neal's Yard Organics](#)
- Boston Kung Fu Tai Chi Institute
- Pilates Center of Chicago
- Qi2 Tai Chi Academy

Margaret stated that there is **NO COST** to sponsors. All you have to do is putting the info on your webpage with either the YouTube embed code `<iframe width="560" height="315" src="https://www.youtube.com/embed/P1nOpb5h9OY" frameborder="0" allowfullscreen></iframe>` or

just sharing the link <https://www.youtube.com/user/drtaichi/live>.

SUGGESTED LINKS

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- Exciting news on Tai Chi and Cancer Survivors
- Tai Chi and multimorbidity
- Teaching the deaf Tai Chi



Violet Li

Tai Chi Examiner