

The World Congress of Qigong and TCM created a new record

June 5, 2013

3:33 PM MST



View all
17 photos

Highlights of the 15th Congress of Qigong and TCM
The World Congress of Qigong and TCM

The 15th World Congress of [Qigong](#) and [Traditional Chinese Medicine](#) (WCQ/TCM), held in San Francisco, California on May 17 – 20, touched the life of approximately 90,000 people directly via workshops, lectures, speeches and free activities offered to the general public during the 9th Annual Asian Heritage Street Celebration in San Francisco. Indirectly, the event was broadcasted via live stream and people around the world could watch them for free online. Per the Congress, there were thousands accessed the events online. I am pleased to see that after years' hard work of the founder Dr. Effie Chow, numerous masters of Qigong, [Tai Chi](#) and TCM along with Dr. Shin Lin and prominent scientists, the Congress has become bigger and better and broke a new record of participation.



The World Congress of Qigong and TCM

Three main foci of this year's Congress were veteran health, cancer and Hepatitis B. Master Qin Xiping of the Japan Shaolin Temple, Master Marisa Vocca of Nei Dao Qigong in Italy, Steven Aung, MD of the University of Alberta, Canada, and Master Yongfu Etero Chen of Tianyuan Qigong in China brought a trend-setting transformational program. Also featured were American masters such as Master TianJia Mu of Pure Beautiful Healing, Dr. Alex Feng of the Zhi Dao Kuan Center, Master Mingtong Gu of The Chi Center and more. There were celebrities masters participated in this year's program, including Grandmaster Zhou-Ting Jue – an extraordinary living treasure known for his appearances on “Ripley’s Believe It or Not”, Sharyn Wynters – author of “The Pure Cure”, Master Lee Holden of PBS, Master Lama Tantrapa – host and producer of radio show “The Secrets of Qigong Masters” and Grandmaster Kam Yuen - TV character inspiration and martial arts consultant to original TV show, “Kung-Fu.”

Friday Congress started off with simultaneous master workshops, which provided attendees with many educational options: “Healing for the Liver/Gall Bladder System with Qigong” by Master TianJia Mu, “Therapeutic and Cardio Tai Chi Qigong” by Master Chi-hsiu Daniel Weng, “Tianyuan Qigong Calligraphy healing” by Master Etero Yongfu Chen, “Spring Forest Qigong” by Master Michael Santos and secret “Tiger Twin Style Method” by Master Dr. Qin Xiping. Grandmaster Zhou Ting-Jue excited participants by teaching Qi emission for healing and demonstrating how he could turn water into steam with his Qi. He also utilized his Qi to dry up mud to sand in less than a minute. You can see a video by clicking the link here <http://www.youtube.com/watch?v=QZJrQY9SuQI>.

Friday night, after the Lion Dance representing health, wealth, and peace, Dr. Steven Aung carried out a sacred Buddhist blessing ceremony, Dr. Alex Feng presented on their Integrative Medicine Cancer Program at Alta Bates Hospital and Dr. Qin Xiping showed a movie on dental surgery with his Qigong

Dental Anesthesia then proceeded with a Qi anesthesia demonstration/experiment on 50 volunteers with most reporting feeling numbing and tingling around the mouth.

Saturday the Congress joined the Asian Heritage Street Celebration. Crowds were treated to practice with the masters. Sharyn Wynters led a meditation for health, wealth and peace. Dr. Kam Yuen engaged audiences in the Kam Method of Instant Healing. Dr. Effie Chow demonstrated the power of “The Empty Force – Chow Qigong” moving 6 large people in a line. Vinnie Campascano from Body Focus indulged audiences in free chiropractic assessments and therapy.

Saturday night was gala with astonishing Tai Chi and Qigong performances along with an award ceremony. This year’s Award of Excellence went to:

-
- “
- Grandmaster Zhou Ting-Jue for Martial Artist with Extraordinary Powers
 - Dr. Qin Xiping for Japan Qigong Leader
 - Master Maria Luisa Vocca for Italy Qigong Leader
 - Steven K.H. Aung, M.D. for Humanitarian
 - Grandmaster Etero Yongfu Chen for Qigong Master
 - Chi-hsiu Daniel Weng, PhD for Tai Chi Master
 - Peter M. Wayne, PhD for Scientist
 - Master TianJia Mu for Community Service with Qigong Excellence:
 - Mr. Ted Fang for Visionary
 - Master Lama Tantrapa for Media Excellence
-

To Dr. Effie Chow’s surprise, a special award was presented to her for Grandmaster of Extraordinary Energy Healing. Hon. Dr. Sandra Rose Michael and Hon. Dr. Terry Shintani also nominated Dr. Steven Aung for the Knights of the Orthodox Order of St. John with an investiture to be planned in New York.

Sunday’s Scientific Symposium headed by Dr. Shin Lin of UC-Irvine had an strong lineup with Dr. John Longhust of UC-Irvine, Dr. Peter M. Wayne of Harvard Medical School and Dr. Jue Lin of UCSF. While

Western scientific methods continue to validate the ancient Eastern technologies, **one repeating message of this prestigious panel was that people need not wait for more scientific validation and instead they should start or continue to practice the [healing arts](#) more.** “Scientist of the Year” Congress awardee, Dr. Peter Wayne, author of the newly published Harvard Medical School Guide to Tai Chi emphasized the need for masters and practitioners with deep level knowledge to help guide the course of research as it advances. The rest of the day was followed by various master workshops that extended to Monday.

Even though the San Francisco event ended but this year’s Congress will continue in Chengdu, China on June 21-25 and Tokyo, Japan on September 21-23. If you missed the San Francisco convention, you can catch it in Asia.

Subscribe to this column to get reviews, recaps, and latest news regarding Tai Chi, Qigong, health and martial arts sent directly to your inbox. If you enjoyed this article **please click the social media links above and to the left to share it with your friends.** You can also **subscribe to [my page on Facebook](#) here.** You can also **follow me on [Twitter](#).**

SUGGESTED LINKS

- **Unveil the mystery of Medical Chi Gong by Dr. Kevin Chen**
- **I got my husband back**



Violet Li

Tai Chi Examiner