

Let's celebrate the 10th anniversary of International Forum for Qigong Research

January 7, 2010

9:28 PM MST



Jan 7, 2000, a short message went out to a tiny group of seven people who are interested in scientific [Chi Gong](#) (Qigong) research. This group was named "International Forum for Qigong Research" at that time by its founder Dr. Kevin Chen.

With the hard work of Dr. Chen, Ken Charron, Mark Johnson, and many others, the Forum has grown more than 100 times in size in the past ten years. Over 1,250 messages have been posted to the forum, and more than 1,000 users signed up. More impressively, over 50 research grants from [Nation Institutes of Health \(NIH\)](#) were awarded for Chi Gong and related studies; without any surprise, majority of the grant recipients belong to this forum. This Forum has served an important function which allows members freely exchange ideas and helps to build the synergy among enthusiasts, experts, masters, and scientists.



Kevin Chen, Ph D., MPH

Today marks the 10th anniversary of this great grass-root organization. What is even more exciting is that after 4 years of collective work and endless discussions, the Forum has completed the translation and editing of the first textbook of medical Chi Gong Chinese Medical Qigong, which will be published next month by Singing Dragon, an imprint of JKP in UK. Chinese Medical Qigong, known as Qigong

Study in Chinese Medicine in Chinese, is the third edition of the only official textbook of medical Qigong used in colleges and universities of the [traditional Chinese medicine](#) (TCM) in China. It is the result of the collaborative efforts of more than thirty faculty members in a dozen colleges and universities of TCM in China. Per Dr. Chen, this textbook represents the highest level of academic research and the broadest compilation of clinical applications on medical Qigong today. This unique book is a systematic survey of the history, methods, transformation, and development of ancient Chinese mind-body cultivating skills, or Chi Gong (Qigong). Dr. Chen believes that the English version focuses on medical Qigong as a study discipline in the 21st century, and on cultivating Q for the health and healing. It offers concepts, examples, background, techniques, and a multitude of historic and contemporary methods for refining and implementing mind-body cultivation within life nurturing and healing. It is the first college textbook on Chi Gong in English and it will certainly advance the Chi Gong research greatly.

 Share Image

For more info: To join the Forum or have question about the Forum, you can send a message to qiresearch-subscribe@yahoo.com .



Violet Li

St. Louis Tai Chi Examiner