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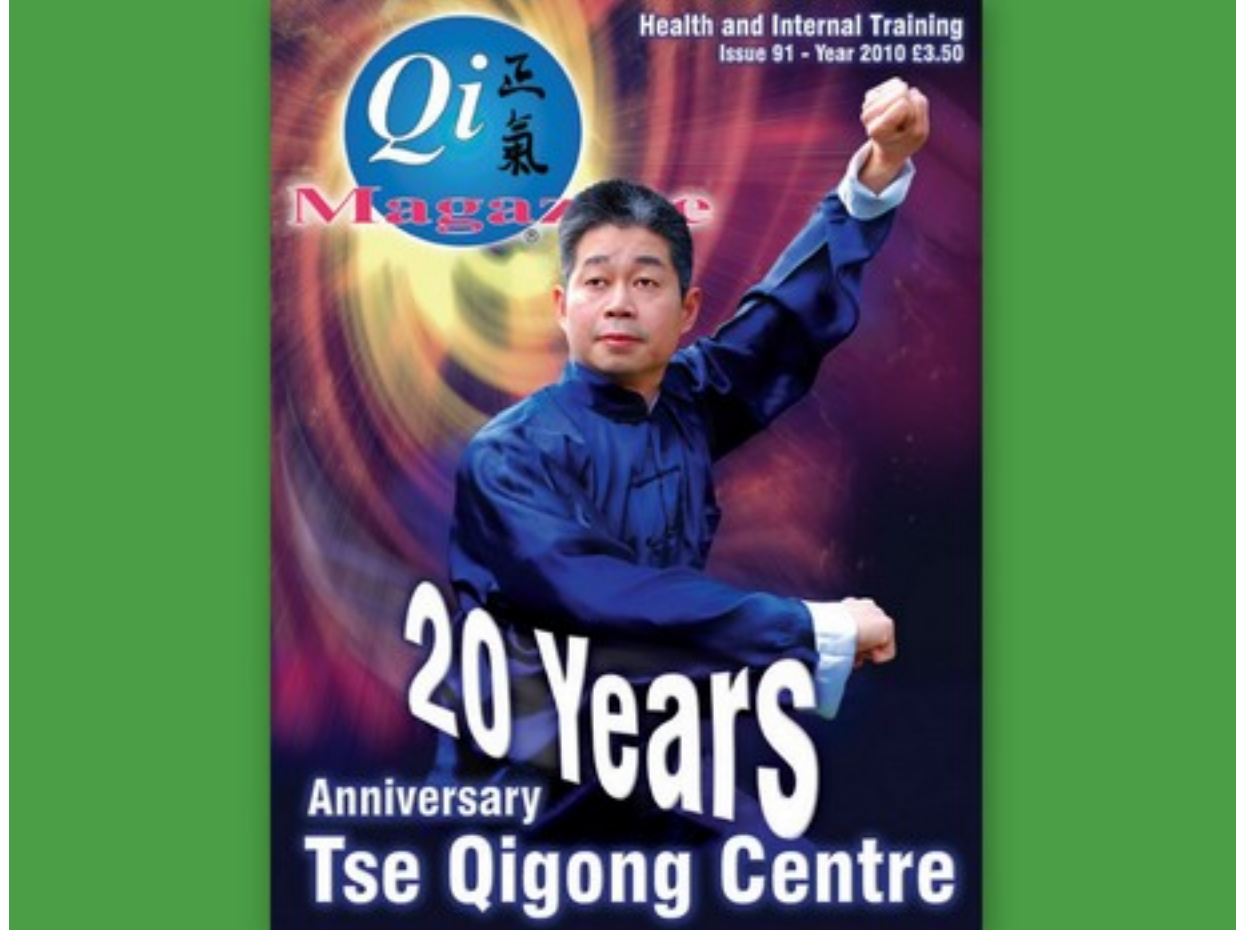


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Master Tse in a pose from the Dayan Palm form, an advanced form within the Kunlun Dayan Qigong system. This form is especially vigourous and dynamic, with some martial art applications.

Tse Qigong Center

After 20 years, [Qi Magazine](#), a quality British quarterly focusing on traditional Chinese [martial arts](#), [Qigong](#), [Tai Chi](#), Chinese culture, Chinese philosophy, and Chinese medicine, stopped printing last year. For the love of the arts, Founder and Editor [Master Michael Tse](#) decided to share all issues with enthusiasts all over the world for free. You can download the PDF files from its website. You can put them on your iPad or other eReader and read them at anytime and anywhere. Recently, Master Tse took some time out of his busy schedule and answered a few questions about Qi Magazine and other related issues.



Tse Qigong Center

“ Violet: What was your vision of publishing Qi Magazine?

Michael: When I first came to the UK and was teaching, there was not a lot of good information available on Chinese culture and particularly on the skills I taught, like Dayan Qigong which had been kept secret for many centuries and only opened to the public in the 1980's. Many of my students would ask me questions and over time I found that many of these questions were often the same. So I came up with the idea of creating a small journal in which I would write about Chinese culture and philosophy and skills and distribute to my students. Over time, this grew as did other writers who contributed articles, until eventually it began to be distributed through some outlets overseas and on news stands in the UK.

“ Violet: When was the first issue came out?

Michael: October 1990

“ Violet: What was the challenging of publishing the magazine issue after issue?

Michael: There was always the constraint of time as I teach full time and also write books and travel a great deal.

“ Violet: Did you have staff writers or you got submission from qualified writers?

Michael:As the magazine developed, we had more writers, some of whom were students who had been with me for many years and developed their skill to a high level. Just because someone is a journalist, does not mean that they would have the understanding of the skills we teach or of Chinese culture and philosophy. All of the columnists ‘lived’ and believed in what they wrote. Even those guest writers who made contributions were also devoted to this area.

“ Violet: Approximately how many people wrote for the Magazine? Are they all from the UK or other countries as well?

Michael: Mostly from the UK but some from China, some from overseas and Europe.

“ Violet: What was the reaction from the general population and Tai Chi /Qigong community toward the Magazine

throughout the 20 years?

Michael: Very positive. You can read comments in the PO BOX section of the magazine in the later issues.

“ Violet: What were the distribution channels of the Magazine?

Michael: It was sold via distributor in UK, independent shops, direct subscription, distributors in the USA and Canada

“ Violet: How many countries was the Magazine distributed?

Michael: On varying scales – around eight.

“ Violet: When was last Issue published?

Michael: Still printing special issues – though have stopped producing on a quarterly basis.

“ Violet: What was/were the reason(s) for stopping publishing?

Michael: To concentrate more on teaching, our website and book publishing.

“ Violet: How did you feel about the decision of stopping the publication?

Michael: Sad but I knew it was the right decision. For everything there is a season. Today there are many more avenues available for people to learn from, including the web and social media. We have recently launched [Tse Qigong Centre facebook page](#) which gives direct links to our free, weekly video uploads on youtube and our website. This is a very immediate way to reach people and share the skill and knowledge that I have learned over the last 30 years and more.

“ Violet: Why did you decide to share the Magazine online for free?

Michael: I want more people to enjoy the knowledge that still remains pertinent to our lives. I think that even ten years from now people will still enjoy reading the stories in Qi Magazine and find some wisdom to help them in their lives.

“ Violet: Did you start to share online after the Magazine stopped publishing?

Michael: Yes

“ Violet: Most of the articles in Qi Magazine are timeless. What type of feedback you got so far on this generous gift?

Michael: Very nice letters, phone calls from people around the world, particularly in countries where this information is not so readily available.

“ Violet: Since you practice Chen Style Tai Chi yourself, did the magazine publish any article about other Tai Chi Styles besides Chen?

Michael: Yes, please visit the website – by looking at the covers of the Qi Magazine you can see many different styles of Taijiquan have been featured.

“ Violet: I know that you are very busy with teaching. How many people have you taught? In how many countries?

Michael: Thousands in more than twelve countries including the U.K., U.S.A, Australia, Canada, Denmark, Norway, New Zealand, Italy, and Ireland.

(Note: you can find out Master's Tse's seminar schedule on [Tse Qigong Center website](http://www.tseqigongcentre.com) www.tseqigongcentre.com)

“ Violet: What are the martial arts do you practice?

Michael: Just one style of Qigong ([Dayan Qigong](#)), and one style Tai Chi (Chen). I teach other skills including [Wing Chun](#) and [Chun Yuen Quan](#) but all balance very well together, like the Five Elements.

“ Violet: You are a prolific writer. You have written Qigong, Martial Arts, Buddhism, Daoism, Confucianism, and Chinese culture. What is your future plan for writing? Any new books in making?

Michael: My recent books are [Chen Taijquan Essentials](#), and [Xing Shou](#). And new books for 2011 are *Balancing Gong* and *Wing Chun Chi Sau* and a *Wooden Dummy DVD*.

“ Please be advised that Qi Magazine is different than "Qi: the Journal of Traditional Eastern Health & Fitness", more commonly known as "Qi Journal". [Qi Journal](#) is an American quarterly by Insight Publishing and still in print since its first issue published in Spring 1991.

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Violet Li

Tai Chi Examiner

