

Competing in a tournament without traveling

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1 photo

Group Tai Chi performance

Violet Li

In a digital age, many things have gone virtual. Now, there is a virtual tournament in the cyber space that you can participate regardless wherever you are. The [AAU CMA](#) has launched a new program that will give schools a great way to compete without any travel expenses. Just submit your group performance of [Kung Fu](#), [Tai Chi](#) or Lion Dance by video and you could possibly win a 4 star National Title and the winners will be posted on the official AAU CMA website and The Real AAU YouTube.



Violet Li

Categories for [competition](#) are as follows:

Ages Divisions:

- Kids: 5-17 years old; Adult Division: 18+; Senior Division 35+ (Tai Chi only).

External Groups (Musical or Non-Musical Routine)

- Groups: Minimum 3 and maximum 15 people
- Time frame: Minimum of 3 1/2 minutes to a maximum of 5 minutes
- All divisions may consist of any combination of empty-hand, weapons and fighting sets.

Internal Groups:

- Groups: Minimum 3 and maximum 15 people
- Time frame: Minimum of 3 1/2 minutes to a maximum of 5 minutes
- All divisions may consist of any combination of empty-hand, weapons and fighting sets.

Lion Dance:

- Freestyle, Northern, Southern & Traditional
- Groups: Minimum 3 and maximum 15 people
- Time frame: Minimum of 3 1/2 minutes to a maximum of 7 minutes for both.

Greg Neil Butler, President of AAU CMA, said a panel of four judges from AAU CAM Board will decide the winners and the announcement will be made two weeks after the video submission **deadline of Friday Feb. 20, 2012.**

Greg also stated that all participants must be members of the AAU to compete. If you do not have a current membership, you can visit www.aausports.org and click on the Join AAU button. But you don't have to be an American citizen to become an AAU member. The submission of the videos is easy. Just upload the videos on YouTube via your account and make sure to include AAU CMA in your video name, then you will need to send an email including the link to your video to aaucmavideodemos@aausports.org. It does not matter where you live and what language you speak, you can participate in this virtual tournament. So get your team together and start practicing. This will be fun and help team building.

The Registration Fee is \$50 for any single event. You can submit the payment to AAU National Headquarters - c/o Chinese [Martial Arts](#), P.O. Box 22409, Lake Buena Vista, FL 32830. For more questions, you can click the link [here](#) or contact Greg Neil Butler via email shifugregb1@gmail.com or via phone [\(573\) 489-9150](tel:5734899150).

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