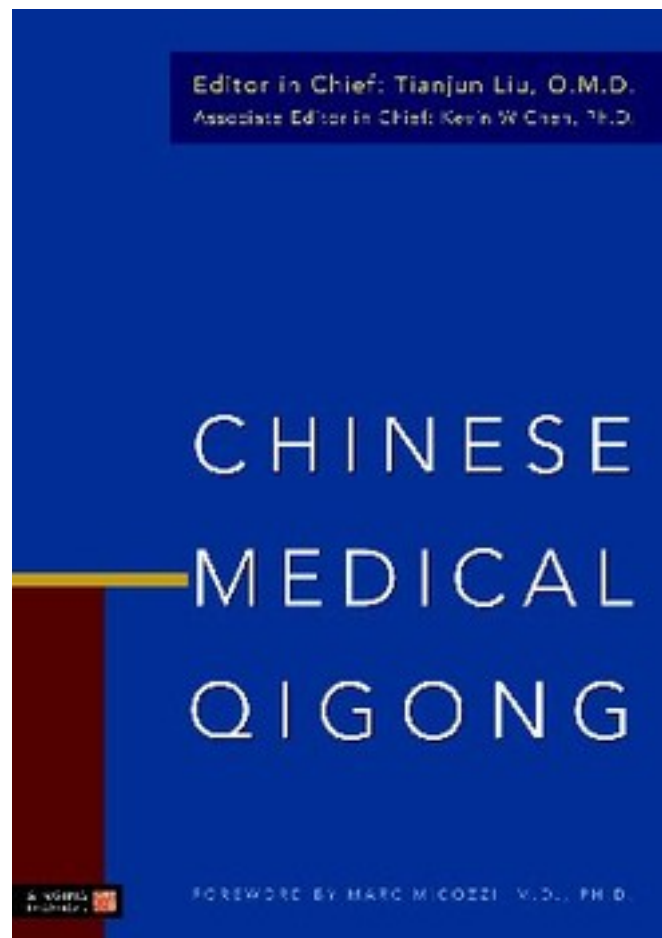


Chinese Medical Qigong is coming out!

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8:53 PM MST



If you are suffering from Hypertension, Diabetes, Menopause, Depression, Insomnia, Obesity, Impotence, and some other common diseases and wondering why, *Chinese Medical Qigong* might provide you some fundamental causes from a [Traditional Chinese Medicine](#) perspective.

Qigong Study in Chinese Medicine is the only official textbook of medical *Chi Gong* in China. It is a collaborative effort of more than thirty faculty members of a dozen top-ranked colleges and universities of the Traditional Chinese Medicine (TCM). This textbook is used in all Chinese universities for the Traditional Chinese Medicine and in its third edition. With a massive joint effort by both Chinese and American academic professionals for the past four years, this textbook has been translated into English and named *Chinese Medical Qigong*. It will be published by the reputable Jessica Kingsley Publishers in the U.K.

The content of this book is extensive and all inclusive. It consists of fundamental theories, practical

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CHINESE MEDICAL QIGONG

FOREWORD BY MARC MICOZZI, M.D., PH.D.

Cover of *Chinese Medical Qigong*

methods and skills, clinical applications of Chi Gong therapy, classical *Chi Gong* literature, and many other more. This textbook will be a useful tool for medical students and



Mediation by Master Chen Huixian and students

health care professionals who are interested in complementary and alternative therapies. It will also be an important resource book for anyone who practices mind-body exercise (i.e. *Taichi* and *Chi Gong*). See below for a general table of contents:

General Introduction

1. Essential concept of Qigong Study in Chinese medicine
2. Academic system of Qigong Study in Chinese medicine
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Ho Mei Leng demonstrates Tai Chi

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- e. Excerpts from the *General Collection for Holy Benevolence*
- f. Excerpts from the *Essentials of Attaining Longevity*
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 - l. Excerpts from the *Bone-Marrow Cleaning and Tender Changing Classic*
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For more info: For more information about the book, please click [here](#).



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