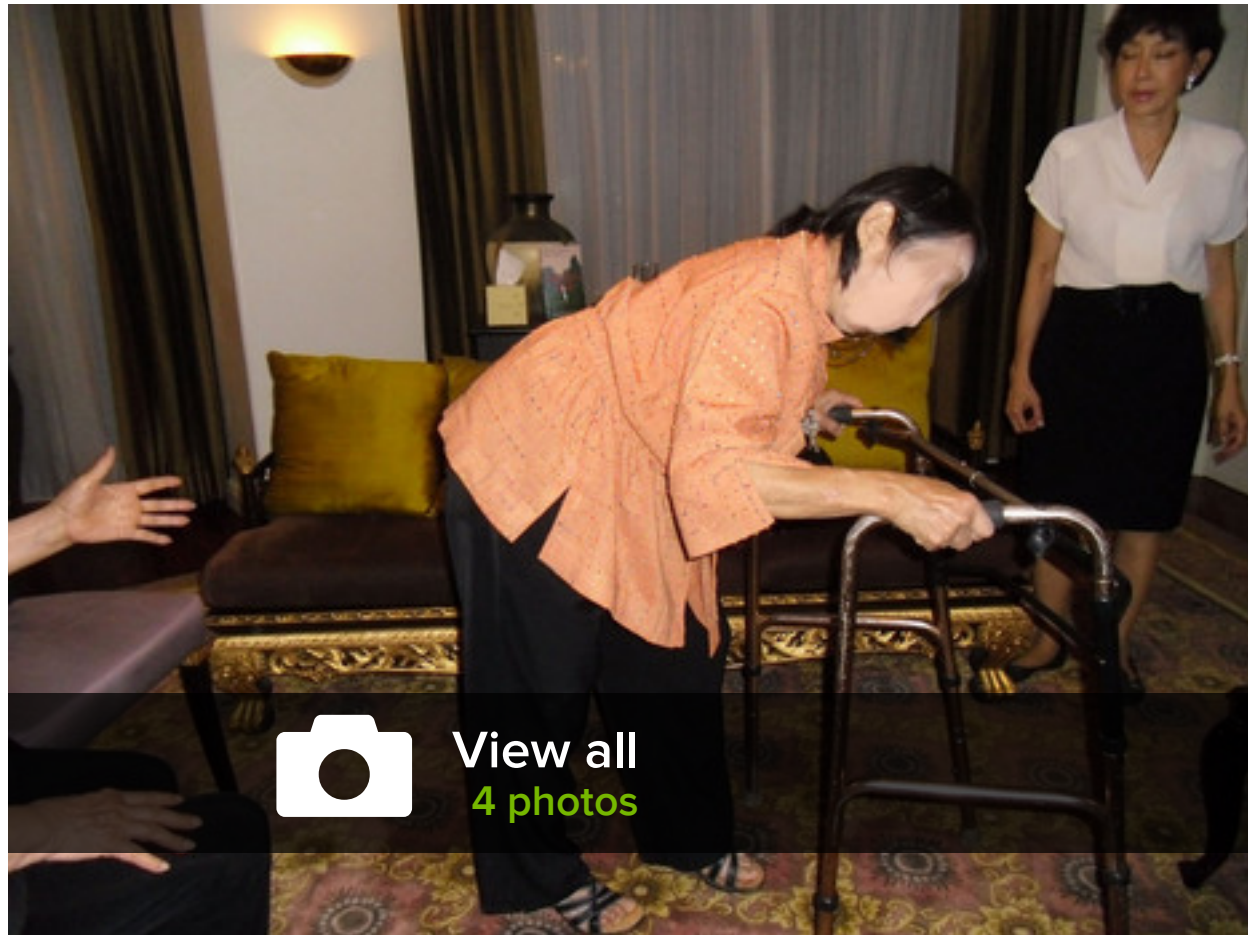


A healing journey of 16000 miles

October 4, 2012

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Thai patient "Amy" before the treatment. For privacy, Amy's facial features have been erased.

East West Academy of Healing Arts

At an invitation from the Ambassador of Thailand to Japan [Virasakdi Futrakul](#), Qigong Grandmaster [Dr. Effie Chow](#) of East West Academy of [Healing Arts](#) in San Francisco, CA, recently made remarkable trips to Bangkok, Thailand and Tokyo, Japan and successfully treated 47 people with great results.



East West Academy of Healing Arts

Dr. Chow is a world-renowned Qigong Grandmaster, energy healer, acupuncturist, author, speaker and visionary. She is also the founder of the prestigious non-profit World Congress of Qigong & Traditional Chinese Medicine (TCM) and a creator of Chow Qigong system. In July 2000, President Clinton appointed Dr. Effie Chow to the original 15-member White House Commission on Complementary and Alternative Medicine Policy. She has been a recipient of many awards and honors for her significant contribution in promoting complementary and alternative medicine as well as for her healing records.

Educated both in the U.S. and Thailand, Ambassador Dr. Futrakul, 61, has been a veteran diplomat and served as Thai Ambassador to Myanmar, Canada, United Nations' offices in Geneva, France, and United States before becoming the Ambassador to Japan in 2009. Recently, the Japanese Government awarded him the Grand Cordon of the Order of the Rising Sun. He also just received the highest decoration award from **King Bhumibol Adulyadej** of Thailand for his civil service to the nation. Dr. Futrakul is a Christian and will be knighted by **Hospitaller St. Johns** on Nov. 18, 2012 in New York.

When he was the Ambassador to Canada, he met Dr. Chow in Ottawa. First, he was a client; he then became a student of Chow Qigong. His passion for Qigong is strong. Six years ago when Dr. Chow hosted Qigong workshops in Spain, then as the Ambassador in Geneva for UNESCO, he travelled to Spain to assist her with the programs. When he was in Washington D.C., his embassy hosted many programs for Chow Qigong.

In August, Dr. Chow visited Bangkok and Tokyo. She met and treated 47 people with a variety of ailments ranging from muscle pain, memory loss, persistent headaches, paralysis in a wheelchair, severe brain injury, knee damage and one on deathbed. Patients age from 19 to 95, including retired

ambassadors, successful businessmen and women and others.

Dr. Chow taught patients and their caretakers intensive diaphragm breathing method, head and neck rotation massage and Chow Qigong techniques. She worked on patients' Qi pressure points, adjusted their body alignment or posture and stretched their muscles. In almost all cases, there were immediate visible improvements. One female patient, who had a car accident 20 years ago, was walking with a walker and bending almost 90 degree at the hips for years. After one treatment, she was able to stand up straight and felt great. You can read more success stories via a link [here](#).

As a holistic healer, Dr. Chow approached each patient differently. She examined them and diagnosed their [health](#) issues – some of them were very complex. She listened to their problems, their interests and their goals in life. Besides treating them and teaching them how to continue self-healing, she made suggestions of diet, life style modification, and new or different activities.

The trips were very rewarding for Dr. Chow since she solved many people's chronic health problems in the short nine days, relieved much of their pain, strengthen their body, and gave new meanings to their life. She also appreciated the opportunity to meet Ambassador Futrakul again and treat his family, friends and acquaintances.

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Violet Li

Tai Chi Examiner

